



## Welcome to the Waves of Hope Swim Website!

I have been blessed with the opportunity to swim on the varsity team at St. Anthony's High School under the direction of head coach, Dan McBride. Coach Dan has been my mentor and grown to be my good friend. He has taught me so much, not only about swimming but about life as well. Most importantly, I have learned that others may not be as fortunate as me.

Coach Dan's son Danny was diagnosed with Type I Juvenile Diabetes back in 2004. Since that time, Coach Dan teamed with the Juvenile Diabetes Research Foundation, raising money at each of our swim meets and with an annual walk-a-thon. I decided that since Coach Dan has taught us to be such great swimmers, we needed to put those skills to work helping defeat this terrible disease.

The solution was a charity swim event. I founded a two mile open-water swim that takes place along the shoreline in Amityville. I named it **Waves of Hope** as "Waves" are the waves of the swimmers and "Hope" as we hope that a cure will be found very soon!

Together with the help of Coach Dan, my sister Erica, my brother Billy and my Mom and Dad, all of our friends and the Village of Amityville officials, our first event took place in August 2009. We enjoyed a beautiful day with the sun smiling down on the efforts of 100 caring swimmers. The day was concluded with lots of food and beverages for everyone but best of all with a check to JDRF for \$8500!!

Please join us each year as we work to put Juvenile Diabetes behind us once and for all. Through our website, you can get information on how to join our fight. Depending on your interest and time, you can:

- Support Waves of Hope through an individual contribution
- Volunteer to help on a variety of committees
- Participate as one of our generous Corporate Sponsors
- Go Swim!

Sincerely,

Christine Swartwout  
Founder and President